

NAME

TITLE
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Profile

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Experience

Dance Instructor - Company / Location

MONTH YEAR - Present

- **Job Description:** I taught dance and cardio at a local fitness center. I led classes of 20-30 students in hour-long dance routines.
- **Content:** I planned and delivered dance lessons for three regular weekly classes. I taught two dance fitness classes three times a week. Set up and break down the studio.
- **Results:** 4.8/5 star reviews on Yelp and 39 testimonials on the company website.
- **Additional Competencies:** I provided one-on-one lessons and individualized instruction. Learned to manage the business.
- **Volunteer Work:** Taught weekly dance classes for physically disabled students at a local high school.

Theatre Teacher - Company / Location

MONTH YEAR – MONTH YEAR

- **Job Description:** I taught Theatre I classes for first- and second-year students. I directed and produced three productions for all of high school.
- **Content:** I shared expert strategies and technical skills in theatre class. I taught Alexander Technique, Meisner Technique, Method Acting, and dance.
- **Results:** I directed three successful productions with 100+ attendees. Implemented a GPA requirement for participation and gained 12 students who raised their grades to attend the theatre.
- **Additional Competencies:** Taught dance for a holiday musical, and two students went on to dance in college.
- **Tutoring:** Tutored several students in English and Math so they could attend the theatre.

Project Experience

- **Actress:** 10+ years of acting in high school, college, and small, independent productions. I worked in over 40 different plays and musicals.
- **Fire Dancer:** 5+ years of freelance fire flow and fire breathing. The school hired me to work at local festivals and concerts.
- **Dance Therapy Volunteer:** Taught dance therapy to teenagers at a local rehabilitation center.

Education

DEPARTMENT - The Julliard School

MONTH 2014

- GPA: LIST
- Bachelor of Fine Arts in Theatre
- AWARD

DEPARTMENT - Indiana University

Month 2015

- GPA: LIST
- Contemporary Dance Program
- AWARD

Skills

Expertise

- Fluent in Spanish, Competent in Portuguese and Swahili
- Flexibility and adaptiveness
- Imaginative and creative
- Compassionate and attentive
- Extensive knowledge of anatomy, movement, and physical health

Licenses & Accreditations

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- **Licensed to Teach in New Mexico:** Obtained teacher certification from TNTP in New Mexico in 2021.
- **Yoga Teacher Certification:** I became a yoga teacher in 2020 and taught private classes. Expert in anatomy and movement.
- **Alexander Technique:** Certified to teach Alexander Technique and ergonomic movement.