

NAME

TITLE
000-000-0000 / EMAIL / CITY, STATE, ZIP

Profile

To obtain an entry-level position in construction where I can utilize my strong work ethic, attention to detail, and willingness to learn to contribute to the team's success and advance my career.

Experience

Construction Laborer - ABC Construction Company/ Location

January 2023- Present

- Assisted in preparing construction sites by cleaning, removing debris, and loading/unloading materials.
- Operated hand and power tools to complete basic construction tasks, such as drilling, sawing, and hammering.
- Installed temporary structures, such as scaffolding and bracing, to support construction activities.
- Assisted skilled workers, such as carpenters and electricians, in performing their duties.
- Maintained a clean and safe work environment by following all company policies and procedures, including wearing proper protective gear.

Construction Helper - XYZ Building and Renovation/ Location

January 2021 – May 2022

- Assisted in measuring and cutting materials, such as lumber and drywall, to the required size.
- Cleaned and organized the construction site, including sweeping floors, removing debris, and disposing of waste materials.
- Loaded and unloaded trucks and equipment, including heavy machinery and tools.
- Helped install various building systems, such as plumbing and electrical wiring, under the guidance of skilled workers.
- Followed all safety regulations and procedures to ensure a safe work environment for all workers.

Project Experience

- Community volunteer project:** Organized a team of volunteers to renovate a local community center or park with a limited budget. This involved tasks such as painting, installing new fixtures, and landscaping.
- Self-initiated building project:** Decided to build a shed and a playhouse in my backyard. I received assistance from several friends, and I oversaw the project.
- Internship with a local construction company:** Sought out an internship with a local construction company to gain hands-on experience in the field. It provided valuable networking opportunities and helped develop a deeper understanding of the industry.

Education

Bachelor of Science in Construction Engineering Technology- SCHOOL

MONTH YEAR

- GPA: LIST
- AWARD
- AWARD

DEPARTMENT - SCHOOL

MONTH YEAR

- GPA: LIST
- AWARD
- AWARD

Skills

Expertise

- Physical stamina
- Hand-eye coordination
- Attention to detail
- Teamwork
- Time management

Licenses & Accreditations

Licenses & Accreditations

- [OSHA](#) 30-Hour Construction Training
- LEED Green Associate
- Certified Construction Manager (CCM)