## **NAME**

TITLE

000-000-0000 / EMAIL / CITY, STATE, ZIP

#### **Profile**

To obtain a position as a personal trainer where I can use my passion for fitness to help others achieve their health and wellness goals.

## **Experience**

## Fitness Intern - XYZ Gym/ Location

20xx - 20xx

• Assisted personal trainers with client sessions, organized equipment and helped maintain a clean and safe gym environment.

### Sales Associate - ABC Gym/ Location

20xx - 20xx

 Assisted customers with selecting fitness equipment and apparel, provided product knowledge and processed sales transactions.

## **Project Experience**

- Fitness Program Personal Project [Provide Link to Project]
   Designed and implemented a 12-week fitness program for 10 clients with varying fitness levels.
- Fitness Bootcamp Personal Project [Provide Link to Project]
  Organized and led a weekly boot camp class for 15 participants.

#### Education

## Bachelor's Degree in Exercise Science - XYZ University

20xx - 20x

- GPA: LIST
- AWARD
- AWARD

### **DEPARTMENT - SCHOOL**

May 2009

- GPA: LIST
- AWARD
- AWARD

## Skills

#### **Expertise**

- Strong communication and interpersonal skills
- Knowledge of fitness equipment and techniques
- Ability to create customized fitness programs for individuals
- Experience with group fitness classes

# Licenses & Accreditations

#### **Licenses Licenses & Accreditations**

- CPR and First Aid Certified
- Certified Personal Trainer, American Council on Exercise (ACE)