

# NAME

TITLE

000-000-0000 / EMAIL / CITY, STATE, ZIP

## Profile

To continue my career as a personal trainer at a leading fitness facility, where I can utilize my extensive knowledge of fitness and exercise to help clients reach their health and wellness goals.

## Experience

### Senior Personal Trainer - XYZ Fitness Center / Location

20xx – 20xx

- Designed and implemented customized fitness programs for clients, guided proper form and technique, and tracked client progress.

### Fitness Manager - ABC Gym/ Location

20xx – 20xx

- Managed a team of personal trainers, oversaw gym operations, and collaborated with other departments to increase revenue and customer satisfaction.

### Project Experience

- Weight-Loss Programs – Personal Project [Provide Link to Project]  
Developed and led a successful weight loss program for 20 clients, resulting in an average weight loss of 10 pounds per participant.
- Outdoor Fitness Classes – Personal Project [Provide Link to Project]  
Organized and led a series of outdoor fitness classes for a group of 50 participants, resulting in increased gym membership and revenue.

## Education

### Bachelor's Degree in Exercise Science - XYZ University

20xx – 20xx

- GPA: LIST
- AWARD
- AWARD

### Master's Degree in Sports Management - ABC University

20xx – 20x

- GPA: LIST
- AWARD
- AWARD

## Skills

### Expertise

- Strong leadership and communication skills
- Ability to create customized fitness programs for individuals
- Knowledge of fitness equipment and techniques
- Experience with group fitness classes

## Licenses & Accreditations

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- CPR and First Aid Certified
- Certified Strength and Conditioning Specialist (CSCS), National Strength and Conditioning Association (NSCA)
- Certified Personal Trainer, American College of Sports Medicine (ACSM)