

# NAME

TITLE

000-000-0000 / EMAIL / CITY, STATE, ZIP

## Profile

Seeking a role as a laborer construction worker to use my physical strength, attention to detail, and ability to work well in a team environment to contribute to the successful completion of construction projects.

## Experience

### General Construction Worker - Jared Builders Inc / Location

*September 2016 – February 2019*

- Assisted in installing and maintaining equipment, machinery, and structures on construction sites, resulting in a 20% increase in efficiency.
- Operated and maintained various hand and power tools, ensuring the timely completion of all projects.
- Collaborated with team members to perform manual labor tasks, such as digging, pouring concrete, and carrying heavy materials, while adhering to safety regulations.
- Developed and managed project budgets, contracts, schedules, and scope of work, ensuring that every project stakeholder was aligned and informed.
- Directed and supervised construction crews and subcontractors, providing guidance and support to ensure that all work was completed safely, efficiently, and to the required quality standards.

### Construction Laborer - Hardwood Construction / Location

*January 2011 – November 2015*

- Maintained a clean and organized work site, reducing the number of accidents by 15%.
- Assisted in assembling and installing scaffolding and ladders, ensuring compliance with safety standards.
- Conducted routine inspections of equipment and machinery, identifying and resolving potential issues before they became problems.
- Followed project plans and blueprints to ensure accurate and timely completion of all construction tasks.
- Maintained accurate records of work completed, materials used, and equipment serviced, ensuring project accountability and transparency.

### Project Experience

- **Volunteer work:** Volunteered to help build homes with a local Habitat for Humanity chapter.
- **Team leader:** Led a team of volunteers in a community park restoration project, including tasks such as building playgrounds and planting trees.
- **Built an urban farm:** Organized a team to create a new urban farm in an underserved area of the city.

## Education

### DEPARTMENT - SCHOOL

*MONTH YEAR*

- GPA: LIST
- AWARD
- AWARD

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## Skills

### Expertise

- Physical stamina
- Manual dexterity
- Meticulous
- Ability to read and interpret blueprints
- Familiarity with hand and power tools

## Licenses & Accreditations

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- OSHA 10-Hour Construction Safety and Health Training
- Certified Construction Manager (CCM)
- LEED Green Associate